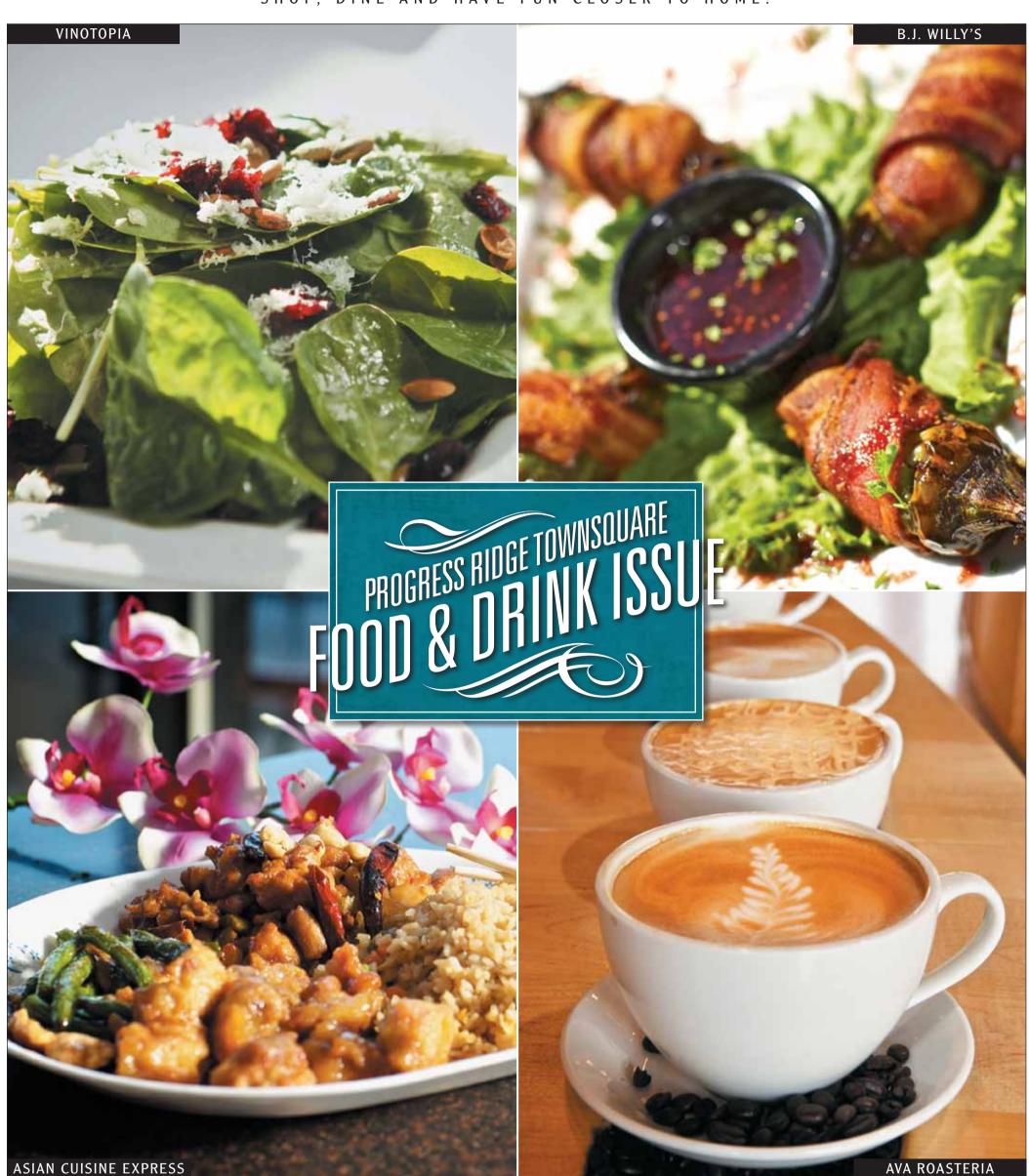
Discover Progress Ridge TownSquare

SHOP, DINE AND HAVE FUN CLOSER TO HOME!



A SPECIAL PUBLICATION OF PAMPLIN MEDIA GROUP/COMMUNITY NEWSPAPERS



Great food and wine meets high tech at Vinotopia.



Learn how Ava Roasteria is not your typical coffeehouse.



Find large portions and fresh ingredients at Asian Cuisine Express.



Great food and wine meets high tech

Vinotopia offers an award-winning dining experience coupled with one of the most technologically advanced theater experiences in the nation.

By **SCOTT KEITH**

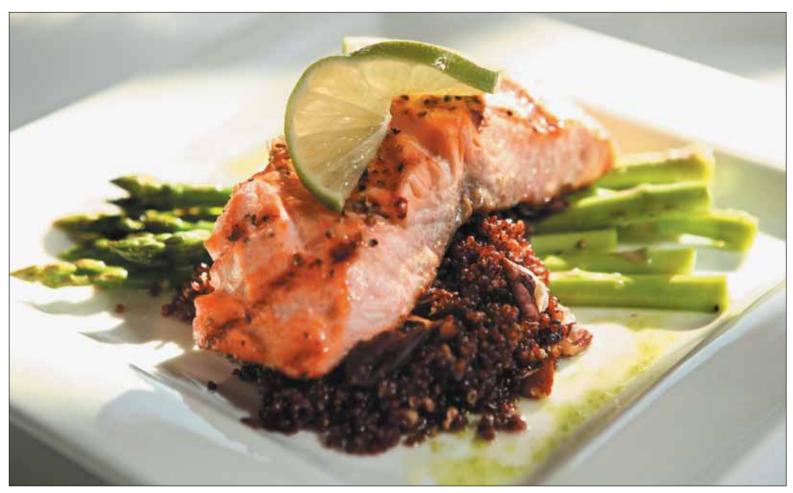
t's a challenge finding time to relax after you've put in a long week at the office. The choice may come down to watching a movie or sampling some fine dining. An entertainment establishment at Progress Ridge TownSquare in Beaverton makes the decision simple.

Cinetopia is a great location to watch the latest Hollywood flick. But next door is Vinotopia, a high-tech restaurant that features great meals and week-end entertainment. You can watch a movie, enjoy a plate of fresh salmon, and, depending on the time of day, still have time to visit Progress Ridge merchants.

Corin Watson, assistant general manager at Vinotopia, describes his eatery as a full-service restaurant and bar.

"It's an upscale American grill. We have indoor and outdoor seating available," Watson said, pointing out that some Vinotopia meals can be ordered in select theaters; in other theaters, food can be brought in as a "to go"option.

When you visit Vinotopia for the first time, you may be surprised at the high-tech way you can browse menus. An iPad will let you search menus, check the latest movie times at Cinetopia or view a movie trailer.



Vinotopia Restaurant at Progress Ridge features different ways to prepare salmon including the citrus grilled salmon accompanied with toasted quinoa.

A popular lunch item is the half-pound Kobe Blend Burger. Gourmet options on this burger include Tillamook cheddar, Swiss, Rogue Bleu and avacado. A recent addition to the lunch menu is the Pulled Pork Sandwich, served on

a Beaverton Bakery bun.

According to executive chef Gordon Graham, popular dinner choices include Pork Chops from Carlton Farms.

Music always goes well with a great meal. Entertainment is

featured Friday and Saturday evenings and Sunday afternoons. According to Watson, the music can range from pianists to jazz bands.

Cinetopia owner Rudyard Coltman wants to provide a fun experience. "Ultimately, we want to create not only an award-winning dining experience but the most technologically advanced theater experience, not just in the region, but in the nation."

etcetera...what's New?

Dinner Menu: A recent addition to the dinner menu is Ravioli Primavera, According to the menu, this is "lightly sauteed seasonal vegetables with garlic asiago ravioli in a light cream sauce with fresh basil."

Lunch Menu: Items include Fish Tacos, Buffalo Wraps, Turkey Clubs, Signature Nachos, Fish and Chips and Rigatoni.

Salads: Arugula, House Green, Spinach Salad, Caesar and Organic Iceberg Stack.

Vinotopia Wine Classes

Wine 101

Date: First Tuesday each month **Time:** 7 - 9 PM **Cost:** \$30

Are you new to wine and would like to learn the basics? Do you need a refresher course? Or, would you just like to enjoy an educational and pleasurable evening of wine tasting? If so, then join us for our monthly wine tasting class, held in our exclusive wine tasting cellar, inside of Vinotopia Restaurant and Wine Bar.

Taught by Wine Director Kim Oshiro, the evening is sure to enlighten your mind and please your palate. Space is limited, so sign up today at the Vinotopia Restaurant host stand or call Kim at 503.597.6914 for reservations or more information.

You must be 21 or over to purchase and/or consume alcohol.

Phone: 503-597-6900

Web: www.cine topia the aters.com



Dining customers at the Vinotopia restaurant at Cinetopia choose their meal on an IPAD menu.

Fall Storewide Sale Oct. 10-Oct.15th

Our hours are now M- F 10:00-6:00 and Sat 10:00-5:00, closed on Sun.











Besides making tasty coffee drinks Ava Roasteria at Progress Ridge also sells it's own line of cakes and pastries.

Ava Roasteria – not your typical coffeehouse

By SCOTT KEITH

t would be too easy to label Ava Roasteria, at Progress Ridge TownSquare in Beaverton, as simply a coffee shop. But Ava Roasteria is actually much more, offering gourmet sandwiches, crisp green salads, satisfying hot soups, decadent pastries and something that's not edible, free Wi-Fi.

Don't worry, though. They still provide freshly brewed coffee, iced lattes, dark chocolate mocha or espresso, even during the wee hours of the morning (they're now open 24 hours).

Visiting the Progress Ridge Ava Roasteria for the first time, you'll notice some extra bells and whistles. You can choose seats, some outside, with a great view of Progress Lake. Ava Roasteria is located next to the plaza and the beautiful water fountain. The



The baristas at Progress Ridge's Ava Roasteria make creative designs with foam on cappuccinos and lattes.

plaza, alone, is a great reason to visit Ava Roasteria; you can take your coffee and sandwich down the steps, relax and watch folks try their luck fishing.

The founder, Amy Saberiyan, started her first Ava Roasteria on Hall Boulevard in Beaverton in the summer of 2006, at a spot where there used to be a gas station. Several years later, Saberiyan is happy to offer Progress Ridge visitors a place to enjoy great food, drink and friends.

"We make all of our pastries ourselves. And we also offer toorder sandwiches," Saberiyan pointed out, noting that you won't find the sandwiches wrapped in plastic.

Breakfast sandwiches are popular. "We make them fresh to order – nothing frozen – all real eggs," she said. All Ava Roasteria pastries and sandwiches are made fresh daily, and according to Saberiyan, "whatever is left is donated to local community organizations."

Saberiyan's favorite sandwich is Chicken Rustica, made of grilled chicken breast, garlic aioli, pesto, red onion, tomato and spinach. Among other sandwiches they also offer: Chicken Cordon Bleu, Turkey and Cranberry, and Very

Soup selection changes daily and patrons will be tempted by Ava Roasteria's Vegetarian Minestrone, Cheddar Broccoli, Mushroom Brie Bisque or Roasted Red Pepper and Smoked Gouda.

For those who prefer a lighter meal, Ava Roasteria offers a number of salads including: Green (spring mix, cucumber, red onion, tomato), Greek, Spinach, Caesar and the Fruit and Cheese Salad. The popular Ava House Salad contains a spring mix of crumbled feta, dried cranberries, pecans and balsamic vinaigrette.

Top off your meal with a delicious European pastry. Ava Roasteria offers many tempting cakes ranging from Raspberry Mocha, Chocolate Buttercream and German Chocolate to Tiramisu and Fruit Tarts, just to name a few.

Ava Roasteria wants you to know that they provide catering for businesses and home events. Sandwiches and pastries are available for your function.

And if you want a little entertainment with your sandwich or dessert, enjoy some live music at Ava Roasteria, Fridays and Saturdays from 8 to 11, featuring local musicians.

Looking ahead, Ava Roasteria is committed to being involved in the community.

"That's our main goal since we started this business – to partner with our community," Saberiyan said. "We value our community. I think the fact that we're in business is because the community is supporting us. Our mission is to promote real social networking for people in the community and to provide a place for people to meet each other."

Website: www.avaroasteria.com Phone: 503-352-5420

Progress Ridge TownSquare. Easy to find.

TO BEAVERTON We are nestled between the affluent neighborhoods of Bull Mountain and Murray Hill, straddling the city line between Tigard and Beaverton. This 200,000 square TO PORTLAND foot TownSquare is anchored by New Seasons Market, one of the finest specialty grocers in the business, and Cinetopia, a state-of-the-art luxury theater. On the corner of SW Horizon Blvd. and SW Barrows Rd. south of Scholls Ferry Rd. in Beaverton SW BARROWS RD

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On the cover: Clockwise from upper right: Delicious delights from Vinetopia, B.J. Willy's, Ava Roasteria and Asian Cuisine Express.

Publisher: Christine Moore Writer: Scott Keith

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Advertise in our next Progress Ridge edition: Deadline for our October 11th issue is September 27th.

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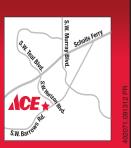
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Fresh ingredients and large portions make

ASIAN CUISINE EXPRESS a must visit



An array of cold beverages are available to go along with your meal.

By SCOTT KEITH

hile shopping at Progress TownSquare in Beaverton, your empty stomach may be telling you it's time for Asian cuisine. Asian Cuisine Express offers scrumptious Korean, Chinese, Japanese and Vietnamese items that you can enjoy while dining in, to go or even through their catering

A blending of cultures makes Asian Cuisine Express a great

"The signature that makes us different than most Chinese restaurants is that our Chinese marinades and cooking sauces are a Chinese-Korean mixture. It's a mixture of the two cultures, fused into one," Paul Rouse, manager, said.

Freshness is stressed at Asian Cuisine Express.

"It's not just ingredients that we buy from a wholesaler," Rouse said. "We make all of our own breading. We do all of our own sauces. Our marinades, orange sauce, sweet and sour sauce, pot sticker sauce – every-

Many of the items are Chinese, but Asian Cuisine Express offers Japanese sushi combos and Vietnamese (rice paper) salad rolls.

thing is homemade with our own (in house) ingredients."

Many of the items are Chinese, but Asian Cuisine Express offers Japanese sushi combos and Vietnamese (rice paper) salad rolls.

Customers can take time to choose their own ingredients. "For people who like it made fresh, to order... they can choose what kind of veggies (or meats) they prefer, or if they want it spicy or not spicy – they can choose that with any stir-fry dish or fried rice or noodles," Rouse said.

Popular menu choices include orange chicken and General Tsao's chicken.

"People around here love our teriyaki bowls. They love our teriyaki chicken sauce. We do a teriyaki salmon, that's new," Rouse

Daily specials are offered at the family-owned restaurant. Rouse wants to create a family-atmo-

"I want out customers to feel like we're here to provide a great service to them...We don't like to be too small and stingy with our portions. We want them to get full and have more to warm up for later.



The chow mein chicken, beef stir fry is a popular choice at Progress Ridge's Asian **Cuisine Express**



Asian Cuisine Express Manager Paul Rouse is ready serve a dishes to customers at the Progress Ridge location.

tcetera...What's New?

Menu items:

Special orders: Boneless Ribs, Beef Rib Eye, Marinated Chicken, Spicy Pork, Spicy Chicken, Teriyaki Chicken.

Entrees include: Cashew Chicken, Beef Green Beans, King Pai Chicken, BBQ Orange Fusion.

Appetizers include: Egg Rolls, Pot Stickers, Tempura Shrimp and Crab Puffs (a recent addition).

Phone 503-747-3114 Web: www.asiancuisineinbeaverton.com

Dining options galore at Progress Ridge

Visitors to Progress Ridge TownSquare are learning quickly that the Beaverton shopping destination serves a great many needs. You can load a shopping cart with groceries, buy a new tool kit for the shed, find the right dress for your night out, open a savings account or treat yourself to a new hairdo.

But Progress Ridge Town-Square is also quickly becoming known for its growing number of restaurants. Here is a list of the local eateries, along with some newer menu choices.

FRANGIPANI LAO AND **THAI CUISINE**

Treat your taste buds to Lao and Thai cuisine. The menu reads Frangipani is a "delightful combination of ethnic dishes." On the appetizer menu, select Sleeping Prawns: Fresh prawns wrapped in rice paper, and deep fried, served with sweet and sour sauce. If you're in the mood for soup, try Yellow Noodle Soup, with yellow noodles, bean sprouts, roasted garlic, cilantro and clear broth. Summer Fire is on the stir-fry

menu and Crying Tiger can be found on the specialty menu. Crying Tiger is grilled steak, red onions, cilantro, lime juice tossed with Crying Tiger sauce. Fish and seafood dishes are offered and daily lunch specials start at \$6.95. Frangipani gift cards are available. For more information contact Frangipani at 503-579-7542.

SUBWAY

This popular fast-food restaurant was made popular by Jared, the guy on the television commercials who dropped a whole lot of weight eating these hand-crafted sandwiches. Subway is all about building your own sandwich. You can stick with more "veggie" choices (hold the mayo) or build richer, meat-filled concoctions. Try an Oven Roasted Chicken or a Spicy Italian sub. The Big Philly Cheesesteak, Subway Melt, and Steak and Cheese sandwiches will fill you up, so for those needing smaller portions try the 6-inch version. Throughout September, during Fave Month, any sub (\$6.75 or less-regular price) will be on

sale for \$5. Subway also offers salads, sides and drinks. Web: www. subway.com. Phone: 503-521-1100.

MENCHIE'S FROZEN **YOGURT**

Frozen yogurt is mighty tasty any month of the year. But it's especially satisfying on a warm day. And we have a few more warm weeks to enjoy before the crisp air of autumn settles in. Menchies offers a handsome variety of rotating yogurt flavors. Cake batter

CONTINUED / Page 5



Dining options: Please your palate at Progress Ridge

CONTINUED from page 4

and coconut are popular flavors, but you'll always find chocolate, vanilla and a sorbet. You can top off your yogurt with fresh fruit, cookie toppings or a hot topping, such as fudge. Menchie's is back with their featured flavor of the month. A recent addition to the topping list is Sour Patch Kids. Manager Cristal Smith said, "People love them." Give Menchie's a call at 503-579-6124 or find them on the web at www.menchies.com.

FUDDRUCKERS

Known for "The Original World's Greatest Burger," Fuddruckers at Progress Ridge Town-Square offers a great experience for the hungry family. Burgers are made just the way you like them. A market-fresh produce bar provides plenty of vegetables to make your specialty burger thick and tastv. "Exotic" burgers, depending on availability, include buffalo, elk and salmon. These burgers, according to their website, are freerange, all-natural, antibiotic and hormone-free game burgers. If you're in the mood, try a "Tricked Out Nachos" appetizer. If you're seeking a fun dipping sauce or a great condiment to put on your burger, try Fudds Cheese Sauce. Fuddruckers can cater parties, meetings, weddings and special events. Just contact Fuddruckers for more information. Give them a call at 503-524-3333 or visit their website: www.fuddruckers.com.

B.J. WILLY'S WOODFIRED **PIZZA AND PUB**

If you're craving pizza, a cool beverage, and lots of fun, head over to B.J. Willy's. A wood-fired oven, reaching 800 sizzling degrees, will cook your pizza pie with just the right amount of crispness on

the bottom and edges of the crust, producing a delicious flavor profile. B.J. Willy's is described as an "upscale pub" featuring nearly 20 beers on tap, plus wine and a full bar. Burgers and sandwiches are also offered. Order the exotic Pear and Gorgonzola pizza. This pie features bourbon-poached pears and sweet onions. It's also topped off with fontina cheese. fresh mozzarella, gorgonzola and toasted walnuts. It doesn't have to be Thanksgiving to enjoy The Gobbler sandwich, complete with thinly-sliced turkey breast, cranberry relish, cream cheese and lettuce. Call B.J. Willy's at 503-747-7319 or find them on the Internet at www.bjwillys.com.

AVA ROASTERIA

Sometimes you need a hearty sandwich to give you the energy to continue spending a delightful day at Progress Ridge TownSquare. It's not just the sandwiches and impressive coffee menu that attracts visitors daily. You'll find pastries, cakes, desserts, soups (daily selection of hot soups) and salads. Settle down and enjoy a Turkey and Aged White Cheddar sandwich, with roasted chicken breast, sharp white cheddar, garlic aioli, tomato and spinach. The Roast Beef and Grilled Vegetables sandwich offers top round roast beef, roasted red and yellow peppers, provolone, pesto, garlic aioli and spring mix. Phone number: 503-352-5420. Web: www.avaroasteria.com.

BIG AL'S

If you're in the mood for great bar and grill food, drop by Big Al's, located across the street from Progress Ridge Town-Square. You can bowl, enjoy the upstairs arcade, or sample some great food at the sports bar and



Take time out for a beer and a pizza at B.J. Willy's Woodfired Pizza & Pub at Progress Ridge. The pizza pictured is called The Brick which has salami, pepperoni, sausage, mushrooms and olives.

grill. Built to give you the feeling of a stadium, the bar and grill offers Sand Wedges that include a Smoked Brisket Sandwich, a Kickin' Chicken Sandwich and a Steak Caesar Wrap. Power Play Pizzas include The Bases Loaded, Roasted Garlic and Chicken and BBQ Chicken. If you're after a Special Teams Burger, try the Honey Mustard Turkey Burger or the Gorgonzola Burger. Big Al's also features a kid's menu and a happy hour menu. As you're watching your favorite big-screen sports events, try Big Al's Famous Nachos. Phone: 503-748-6118 or visit their website: www.ilovebigals.com.

ASIAN CUISINE EXPRESS

This express restaurant features tasty Chinese, Korean, Japanese and Vietnamese treats (read the full story in this section). Their website lists soup choices: Chicken Problano Pepper, Hot and Sour, Wonton and Egg Flower. Other options include Spicy Tuna Sushi, Chicken with Peanut Sauce and Crab with Peanut Sauce. This locally owned take-out eatery also features indoor seating. If catering is the way you want to go. just give Asian Cuisine Express a call at 503-747-3114. Web: www. asiancuisineinbeaverton.com.

PLAY BOUTIQUE

Play Boutique's family café known as Beeztro, is not just for parents whose kids are enrolled in the Peake Academy, a licensed accredited school. Beeztro's fine food selections are available to any Progress Ridge TownSquare shopper. From the garden, a Simple Goat Cheese Salad comes with mixed greens tossed with red/ yellow peppers. The sandwich, wraps and pasta menu features the Super Panini with your choice of fill and spread. Whole grain thin bread is served toasted. Try the Avo Power, Green Goddess Pasta and the Mama Wrap. Seasonal soups are offered. Ask for tomato basil soup. Look for child's favorites on the menu and order hot tea, Cappuccino or a latte. Call 503-675-7529 or visit www.playboutique.com.

VINOTOPIA

Vinotopia restaurant is part of the theater complex known as Cinetopia (see article in this section). At Vinotopia, you can use an iPad to scroll through the menu, check movie times at Cinetopia or see the latest motion picture trailer. On the dinner menu, you'll find Cajun Shrimp Pasta, featuring "bowtie pasta tossed in a rich parmesan cream sauce with cajun spices, sauteed shrimp and julienne vegetables." Look for suggested wines with your meals. The dessert menu features Carrot Cake, Chocolate Hazelnut Cheesecake, Peanut Butter and Chocolate Terrine, Apple Crisp, Tower of Chocolate and Frozen Mud Pie. Small plates and salads are offered at Vinotopia, a great place to relax after shopping or viewing a movie. Phone: 503-597-6900. Web: www.cinetopia.com.

NEW SEASONS MARKET

Having a busy day? Let New Season's deli do the cooking. New Seasons isn't your average deli. For starters, their chefs prepare everything themselves. They use the best of what's fresh, local and often organic to create delicious dishes you'll come back for again and again. From their famous kale & carrot salad to our sumptuous pulled pork sandwich or salmon cakes made with wild, line-caught salmon and freshly made soups, pastas, salads and sandwiches, there's always something to tantalize your taste buds. Enjoy a wide selection of restaurant quality dishes all at very reasonable prices. For more information call 503-597-6777. Web:www.NewSeasonsMarket.com.





Where we are!



Progress Ridge TownSquare | SW Barrows Road and SW Horizon Blvd., Beaverton, OR 97007

Between Bull Mountain and Murray Hill



FREE \$20 in GIFT CARDS **WHEN YOU SUBSCRIBE!**

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Who we are!





NEW SEASONS MARKET - New Seasons Market was founded in 2000 by three Pacific Northwest families. Locally owned and operated, New Seasons is known throughout the community for offering items from Northwest farmers, ranchers, fishers and specialty food producers. Unique to the Progress Ridge TownSquare store are an in-house bar (featuring wine and beer) and The Seasonal Greens, where they will make you a salad, exactly to your liking. Each year, New Seasons gives 10 percent of its after-tax profits to more than 650 non profits and community groups. www. newseasonsmarket.com. Phone: 503-

ACE HARDWARE – Ace Hardware stores, located throughout the United States, are independently owned and operated. Ace offers a wide selection of hardware and fix-and-replace products. Lawn and Garden supplies include: farm supplies, lawn and garden tools, outdoor lighting, sprayers and bird feeders. Ace also offers paint supplies, home goods and plumbing, electrical, auto supplies and much more. www.acehardware.com. Phone: 503-747-0299

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AIM MAIL CENTER – Aim Mail Centers are full-service centers that will help serve your postal needs on even the most stressful day. These centers provide onestop service. You'll get help with shipping and freight. Aim offers passport and Visa photos, private mailboxes, printing, photocopies and personalized rubber stamps. You can use their FAX services and also schedule an appointment to see a notary public. www.aimmailcenters. com. Phone: 503-747-2278

UMPQUA BANK - Umpqua Bank offers a variety of personal services, including checking, savings, CD's, mobile banking, online banking and bill pay. Umpqua Bank also offers a wide-range of wealth management products, home loans and refinances as well as retirement IRA's. Bank like you live – we're committed to going above and beyond simply completing your transactions. We're about building stronger neighborhoods through generous community giving. And it's about local decision making by professionals who know you. Welcome to the World's Greatest Bank - visit us online at www.UmpquaBank.com or call 503-601-6781

THE BARBERS – Men of all ages will enjoy the extra care provided at The Barbers. The Men's Cut offers a precision, barber-style hair cut. Youngsters can enjoy their first-ever hair cut with the Kid's Cut. And if you're over 55, take advantage of the Senior Citizen's hair cut. The Barbers also offers beard trims and highlights. Oh yes, The Works is, according to The Barbers, the "best bang for your buck." The Works gives you a shampoo, scalp massage and a hot lather neck shave. www.thebarbersonline.com Phone: 503-430-7344.

Progress Ridge TownSquare, one of Beaverton's and Tigard's favorite shopping and entertainment destinations, was originally a rock quarry. Gramor Development started working on the project in 2001. New Seasons, Big Al's and Cinetopia are the anchor businesses, but a growing number of smaller shops and eateries have opened and encourage you to stop and visit.

ASIAN CUISINE EXPRESS – This locally-owned and operated take-out eatery (complete with seating, if you prefer) features Chinese and Korean treats, as well as Sushi. If you're on the go, select from menu items including boneless ribs, beef ribeye, marinated chicken, spicy pork and spicy rice cake. Select an egg roll or order panfried pot stickers or tempura shrimp. You may contact Asian Cuisine Express at 503-747-3114.

DIVA NAIL AND SPA – Diva offers regular manicures. Your nails and cuticles are groomed and buffed. The Deluxe manicure is a 30-minute session. You can choose the aroma of mint, lavender or Orange Citrus. A sea salt scrub and hand massages are offered. The session ends with a hot towel and polish. The Shellac manicure is their longest-lasting polish. Diva also offers a body wrap (five sessions), eye lash extensions and smooth body waxing. You may reach Diva Nail and Spa at 503-747-7212 or visit them on Facebook at Diva Nail & Spa.

FRANGIPANI THAI – This eatery features Lao and Thai cuisine. Takeout and dining are offered at the Progress Ridge location. If you're hungry for soup, try Tom Yum soup, with spicy lemon grass and galanta root. Pad Thai noodles are offered along with stir fry and curry dishes. Specialty items include Lemon Grass Chicken, Thai Pepper Steak and Ginger Duck. Try some sweet sour fish or ginger salmon on the seafood menu. You may contact Frangipani Thai at 503-579-7542

CINETOPIA – Cinetopia is one of the anchor tenants at Progress Ridge TownSquare. Each auditorium offers plush ultra leather extra-wide seats with plenty of leg room. The Grand Auditoriums provide luxury seating; you'll enjoy digital super high definition film quality. The more intimate living room theaters offer restaurant table service. Located within Cinetopia is the Vinotopia Restaurant, which is open for lunch and dinner. www. cinetopia.com. Call 503-597-6900.

BIG AL'S – Big Al's is another anchor business. When you finish a few rounds of bowling, take your kids to the 7,000 square-foot arcade. Games include DDR Supernova, H2Overdrive, Tank, Tank, Tank, and Typhoon Simulator. Big Al's Sports Bar and Grill will make you feel as if you're in a stadium on a Saturday or Sunday afternoon. Plasmas are offered for your viewing pleasure. Party packages for young and old are available. Visit www. ilovebigals.com or call them at 503-748-6118.

POSH BABY – This lifestyle boutique handles the needs of children and mothers alike. Eco-friendly and stylish products are offered. You'll find girl's and boy's apparel, shoes and socks, plush toys and dolls, and baby and children's clothing. There's a variety of furniture, including bassinets, changing tables and beds/bunks. Toys are available for newborns all the way up to youngsters 6 and above.

www.poshbaby.com. Phone number is 503-747-3539.

PARKLANE MATTRESSES - In business since 1921, Parklane Mattresses offers a direct-to-consumer model. They design and create their own mattresses in an effort to provide high-quality products at affordable prices. You'll find memory foam, luxury coil and pocketed coil mattresses. Accessories include pillows and sheets. Parklane offers a 30-night comfort guarantee. www.parklanemattresses. com. Phone: 503-521-9071

RIVERMARK COMMUNITY CREDIT UNION - Oregon-based and locally owned, Rivermark offers a number of financial services. Rewards and free checking are available. Rivermark provides money market certificate and IRA services. Check in to getting an auto loan, home loan, student loan, personal loan, or yes, even a bicycle loan. Insurance and investment services are available. Rivermark Community Credit Union is involved in the community. Each year, the credit union supports many community causes including their annual Dough for Doernbechers cookie dough event. www. rivermarkcu.org. Phone number: 503-626-6600.

PICCOLO MONDO TOYS - This family-owned business offers innovative toys for kids of all ages. Many of the toys help stimulate the imagination. Piccolo Mondo, meaning "small world" in Italian, offers arts and crafts, Calico Critters, cars, trains, vehicles, dolls, dollhouses, games, puppets, puzzles and ride-on toys. Toys are featured from around the world. www.piccolomondotoys.com.

eyebrow and waxing bar. Estheticians tend to brows seven days a week; they'll also offer you tips and tricks. Brow Betty offers brow shaping, facial waxing, body waxing and tinting services. They sell Betty Beauty products and Beau Bain Bath Bombs, which contain natural oils. Brow Betty likes to say, "Perfect Eyebrows in the Bat of an Eye. No Lie." www. browbetty.com. Phone: 503-718-7378

T- MOBILE – T-Mobile USA is a national provider of wireless voice, messaging and data services. T-Mobile is capable of reaching nearly 300 million Americans. T-Mobile offers cell phones, Android phones, smartphones, Internet devices, laptop sticks and individual and family plans. www.t-mobile.com.

B.J. WILLY'S WOODFIRED PIZZA AND PUB – The Progress Ridge Town-Square location will feature 2 woodfired ovens and the largest bar yet, with 12 beer taps. B.J. Willy's is famous for the Margherita, Primo-Vera and Blind Onion pizzas. You'll enjoy Sicilian-style pizzas, gourmet burgers, pasta dishes and sandwiches. There will be indoor/outdoor seating for over 200 patrons. Sandwiches include the Meatball and Grilled Mahi. www.bjwillys.com. Phone: 503-747-7319.

AVA ROASTERIA – Ava Roasteria not only sells fresh-roasted coffee, but offers pastries, cakes, gourmet sandwiches (made to order) and soups. The sandwiches include the Very Veggie, with garlic aioli, pesto, tomato, fresh mozzarella and spinach. Another favorite sandwich is the Chicken Cordon Bleu, featuring grilled chicken breast, ham and provolone. Coffee is made from hand-selected coffee beans. www.avaroasteria.com. Phone 503-352-5420

A FLAIR FOR GIFTS AND HOME – This quaint shop will feature home decor and specialty gift items. Among the featured items: picture frames, decor items, jewelry, candles, scarves, soaps, lotions and vases. A Flair for Gifts and Home will celebrate several holidays during the year, offering numerous seasonal items. www.aflairforgiftsandhome.com. Phone:

503-524-6616

PLAY BOUTIQUE – Play Boutique offers a modern, social place with creative play, lifestyle and wellness services and enriching activities. The idea behind Play Boutique is to inspire family excellence. Bonding is important at Play Boutique. The atmosphere is designed to get families to spend quality time together. Play Boutique will design parties for your youngsters. Phone 503-675-7529

MENCHIE'S FROZEN YOGURT – It doesn't have to be summer to enjoy frozen yogurt. Menchie's offers rotating flavors and a wide variety of toppings, including fresh, locally-grown fruit. You don't have to feel guilty adding lots of toppings, because you pay by the weight, not by the topping. Regular flavors include blueberry tart, chocolate espresso, Georgia peach and orange cream. No-sugar-added varieties include boysenberry and french vanilla. There are also dairy-free options. www.menchies. com. Phone 503-579-6124

CELEBRITY TAN – Celebrity Tan is an upscale world-class tanning salon. State-of-the-art tanning beds provide several levels of tanning. Premium lotions are offered, featuring Australian Gold, Designer Skin and Supre Hempz product lines. A tanning specialist will help determine the type of lotion for you. If you have questions about tanning, you may click on the "tanning guide" tab at the Celebrity Tan website. www.celebrity-tan.com.

SWEET SIREN – Sweet Siren is a woman's clothing boutique featuring fun, unique items and accessories. Locally-owned Sweet Siren offers jewelry, scarves, jackets, shoes – something for all ages. Sweet Siren provides personal service. In fact, you can take advantage of private shopping by appointment. Phone: 503-716-8182

GENTLE DENTAL – Gentle Dental offers full-service dental care, including cosmetic and specialty dentistry. General dentistry services include restorative and emergency services. Cosmetic dentistry includes teeth whitening, implants and

crowns. Gentle Dental will help make payment arrangements to suit your needs and accepts most insurance plans. www. gentle1.com. Phone: 971-205-5822

CORNELL URGENT CARE - Cornell Urgent Care provides urgent medical service for many injuries and illnesses. You can visit Cornell Urgent Care for lacerations, fractures, sore throats, ear aches, urinary tract infections and many other non-life threatening emergencies. A board-certified emergency physician is on hand to help. Walk-ins are welcome. No appointments are necessary. Cornell accepts several of the popular insurance plans. www.cornellurgentcare.com.

FULCRUM FITNESS – Fulcrum Fitness offers bootcamp-style workouts that combine strength and conditioning. Fitness experts follow a formula known as the Fulcrum Programming Matrix. The idea behind Fulcrum Fitness is to get you exercising on a regular basis so you can avoid the exercise burnout that so many people experience. When you arrive, you'll see the workout of the day on the whiteboard. This will help you take the guesswork out of your workouts and keep you motivated. www.fulcrumfitness. com.

ZIBA SALON – Ziba Salon is a hair salon that features waxing, highlights and smoothing – "Everything about Hair." Locally owned and operated, Ziba Salon also sells hair products, such as shampoos and conditioners. Ziba means "beautiful" in Persian. Phone: 503-430-0008

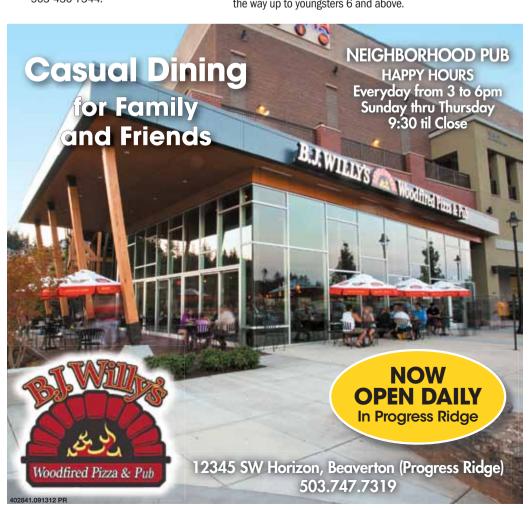
BLACK EAGLE MARTIAL ARTS -

Black Eagle Martial Arts is locally-owned by 'Master' Angel Kimball. Classes offered will be hapkido kidz (ages 3 ½ and up), hapkido for adults, cardio kickboxing and nutrition and weight loss challenge coaching. Regular 'guest' arts offered at the school: Muay Thai, Capoeira, Brazilian juijitsu, MMA and Ninjitsu. Kimball incorporates character development into the curriculum. Kimball is a 4th degree BB in Hapkido (a 'master') and a 2nd degree BB in taekwondo.

FUDDRUCKERS – In business since 1980, Fuddruckers is a family favorite offering the "World's Greatest Hamburgers." The patties are fresh, never frozen, 100 percent all-American premiumcut beef. The patties are placed on sesame-topped buns that are baked from scratch. Specialty Burgers include the Southwest (with smokehouse bacon), The Works, and for those who like a bit of spice – The Inferno (with spicy jalapenos). www.fuddruckers.com. Phone 503-524-3333

BEAVERTON EYE HEALTH – Just opened is Beaverton Eye Health. Their focus is on family-oriented vision and eye medical services, and is led by Adina Zapodeanu, M.D. Beaverton Eye Health will employ a staff of two to three opticians. The office is committed to excellence in patient eye care, high professional standards, respect and understanding for the human being needs.

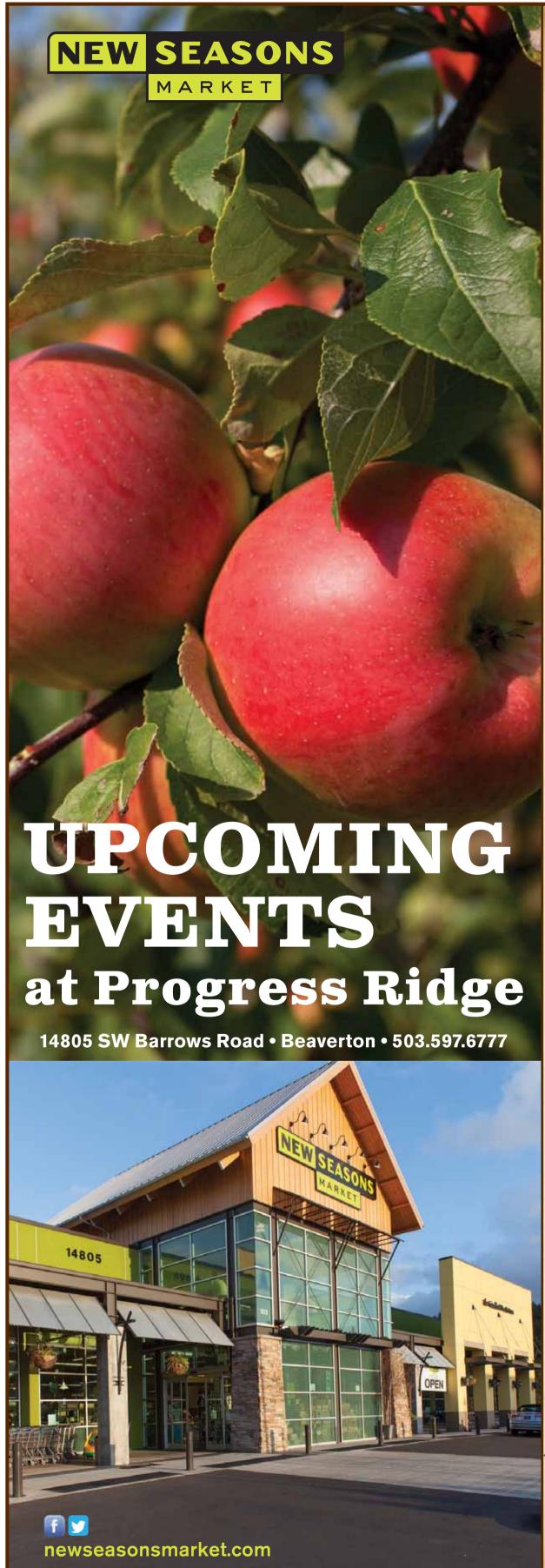
SUBWAY® - The world's largest submarine sandwich chain is now open at Progress Ridge TownSquare. Subway is considered the leading choice for people seeking quick, nutritious meals that the whole family can enjoy. Subway is guided by the passion of delighting customers by serving fresh, delicious, made-to-order sandwiches.





Xtend Barre Beaverton: Come join us & try the fitness routine that fuses dance, Pilates, & sculpting!

You must bring this ad into the studio. One per customer. Expires 10.1.12.



Get your fill of food and fun by joining us for these in-store events taking place exclusively at New Seasons Market at Progress Ridge.

Friday, September 14th, 11am-7pm

Our First Anniversary at Progress Ridge TownSquare!

Join us for cake, live music and wine tastings to celebrate our first year at Progress Ridge.

Saturday, September 15th, Noon-5pm

Ranch & River One-day Sale

Whole Alaskan Coho - \$5.99lb

Country Natural Beef Whole New York Strip Loins - \$7.99lb

Two of the Northwest's best ingredients—whole, Alaskan Coho salmon and cut-to-order sides of sustainably-raised Country Natural Beef—available for low prices that are too wild to stick around. Stock up now and save!

Tuesday, September 25th, 7-8:30pm

Free Wellness Class:

How to Get a Good Night's Sleep

Learn to optimize the quality and duration of your sleep and wake up refreshed! Sign up by calling 503.280.5177.

Sunday, September 30th, 8:30am-Noon

Barrows Park Stream Cleanup

Meet at our store and join us along the banks of Barrows Creek as we pull invasive plant species and make room for the native plants to thrive!

Post-cleanup lunch is on us. Call 503.597.6777 and sign up to help.

Thursday, October 1st, 5-8pm

First Thursday: Dia de los Muertos

Celebrate fall with a Day of the Dead party, featuring delicious samples throughout the store!

Saturday, October 6th, 8am-4pm

Caine's Arcade Global Cardboard Challenge

Join us and partners from around the planet for a cardboard arcade building challenge, inspired by Caine Monroy, a nine-year old boy whose imagination captured our hearts. Meet Caine and hear his story at www.cainesarcade.com. Bring your imagination to this special hands-on building event – we'll supply the cardboard and refreshments. A \$5 participant fee will be collected, and donated to the nonprofit Imagination Foundation.

WEEKEND TASTINGS

September 15 & 16, 11am-5pm

Tailgating Snacks

Friday, September 21, Noon-5pm Saturday, September 22, 11am-5pm Meet Bristol Bay Salmon Fishermen

September 29 & 30, 11am-5pm Cookie & Coffee Tasting

BEER & WINE TASTINGS

Meet the Producer Series

Throughout the month of September, stop by and meet the brewers and winemakers who craft some of the Northwest's best beverages:

Friday, September 14, 4-7pm Illahe Vineyards

Saturday, September 15, 2-5pm Bethel Heights Vineyards

Sunday, September 16, 2-5pm St. Innocent Winery

Wednesday, September 19, 4-7pm Yalumba Wines (Australia)

Friday, September 21, 4-7pm Mayerdale Estate

Saturday, September 22, 2-5pm Lange Winery

Friday, September 28, 4-7pm Lujon Cellars

Saturday, September 29, 2-5pm
The Commons Brewery

Sunday, September 30, 2-5pm Redmond Wines



SIGN UP FOR ENEWS!

Peruse the latest specials, details about weekend tastings and more every week from the comfort of your inbox. Scan this code with your smart phone to sign up, or visit newseasonsmarket.com/talk-with-us/e-newsletter

The friendliest store in town.