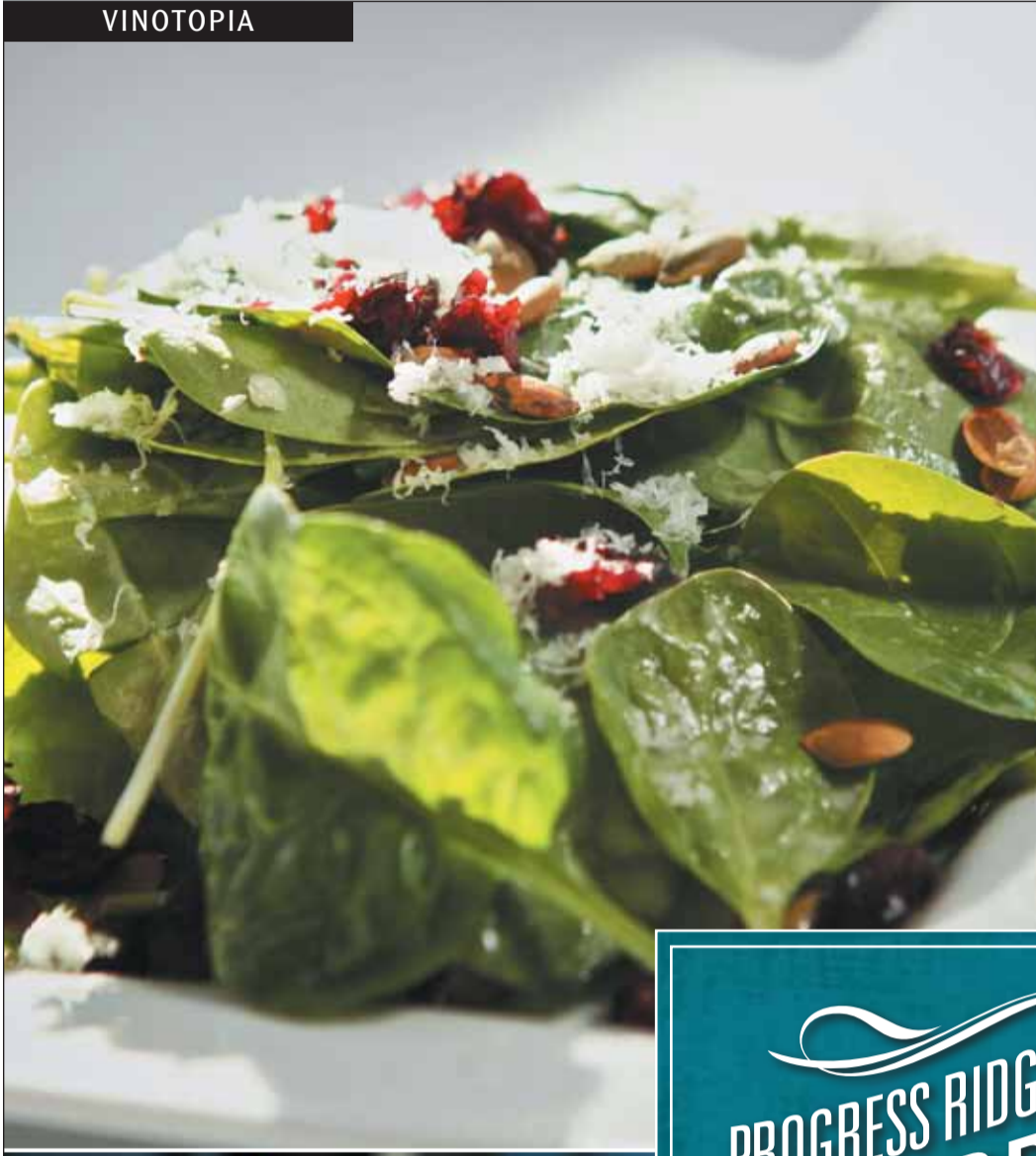


SEPTEMBER 2012

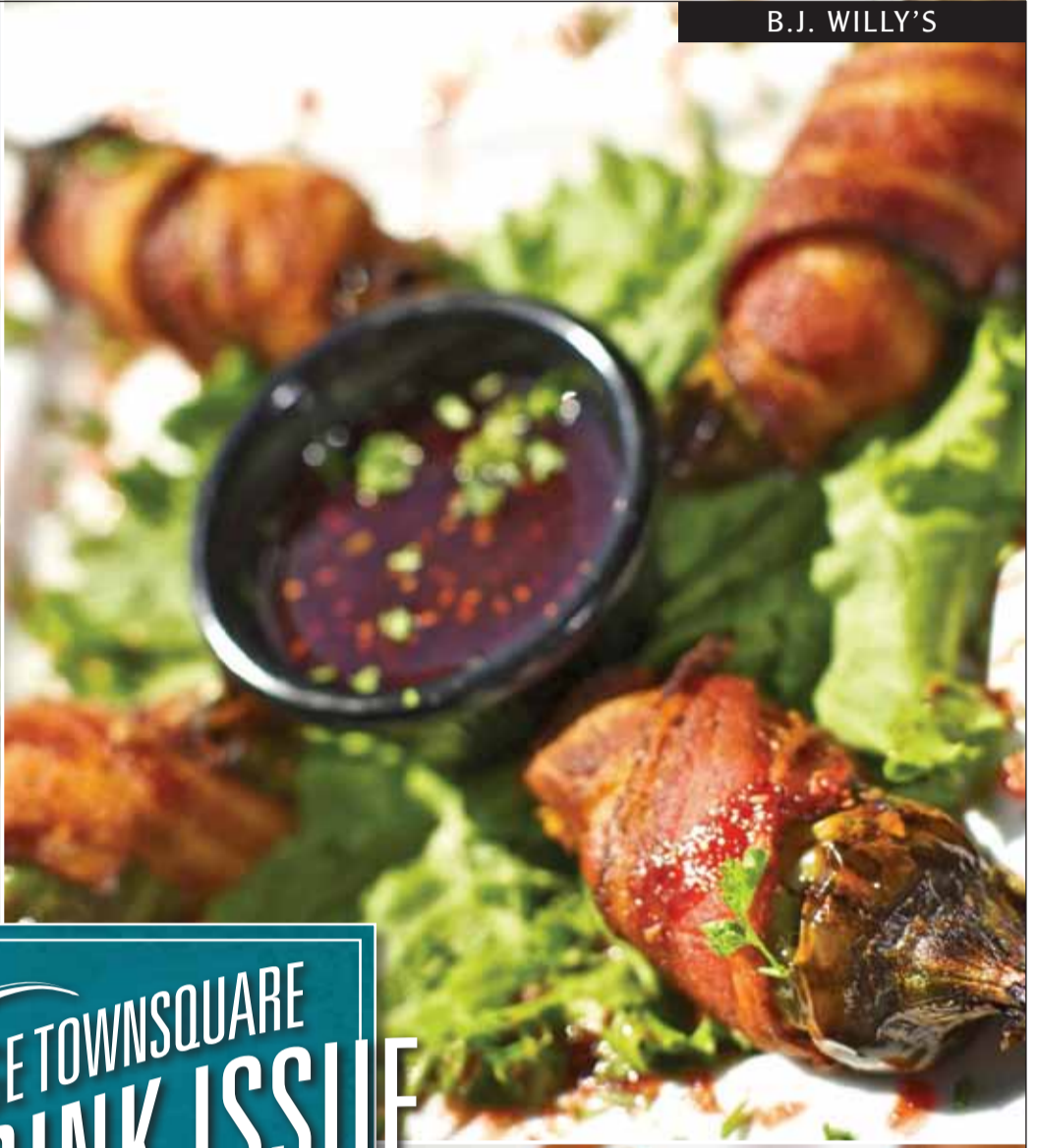
Discover Progress Ridge TownSquare

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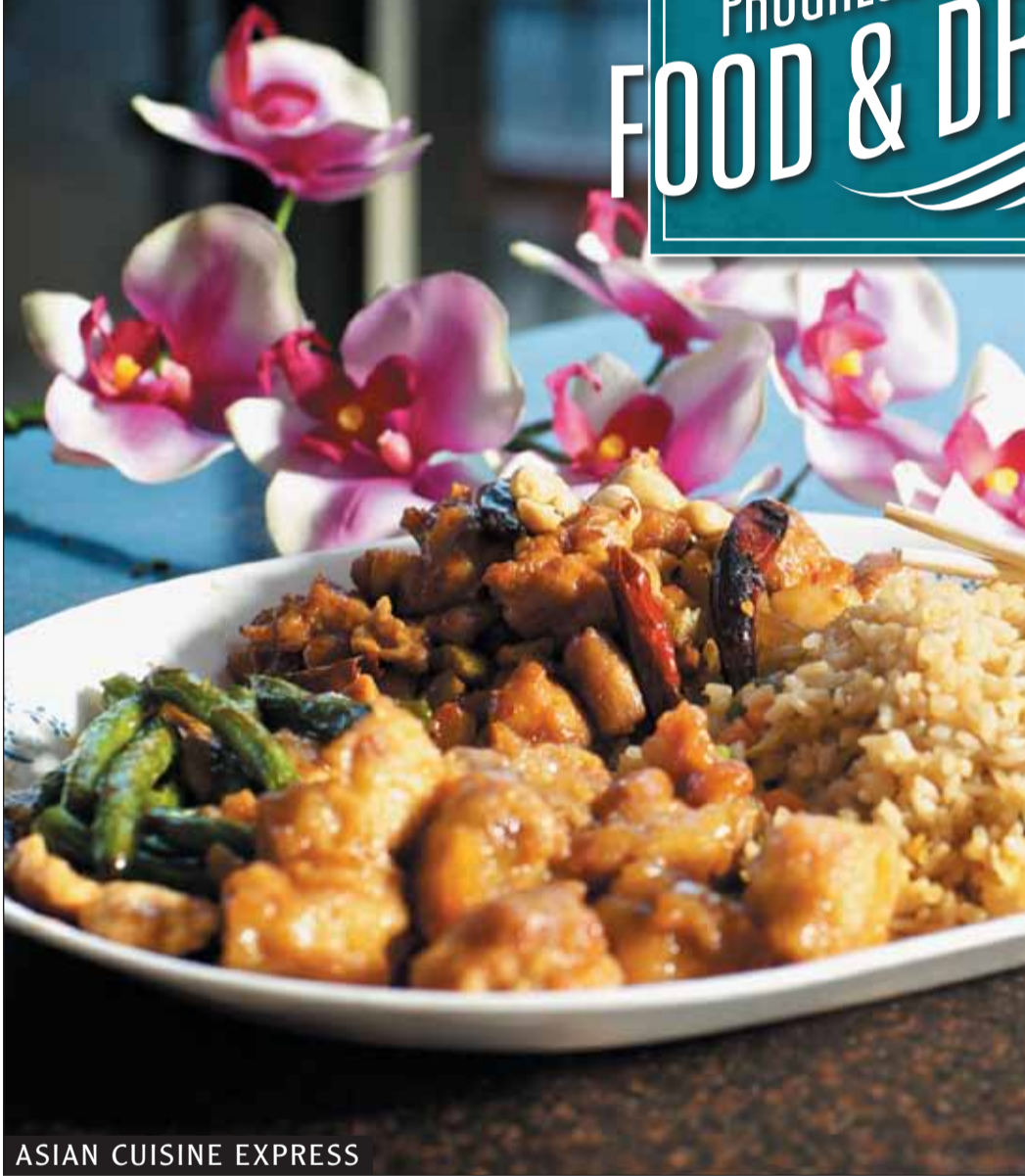
VINOTOPIA



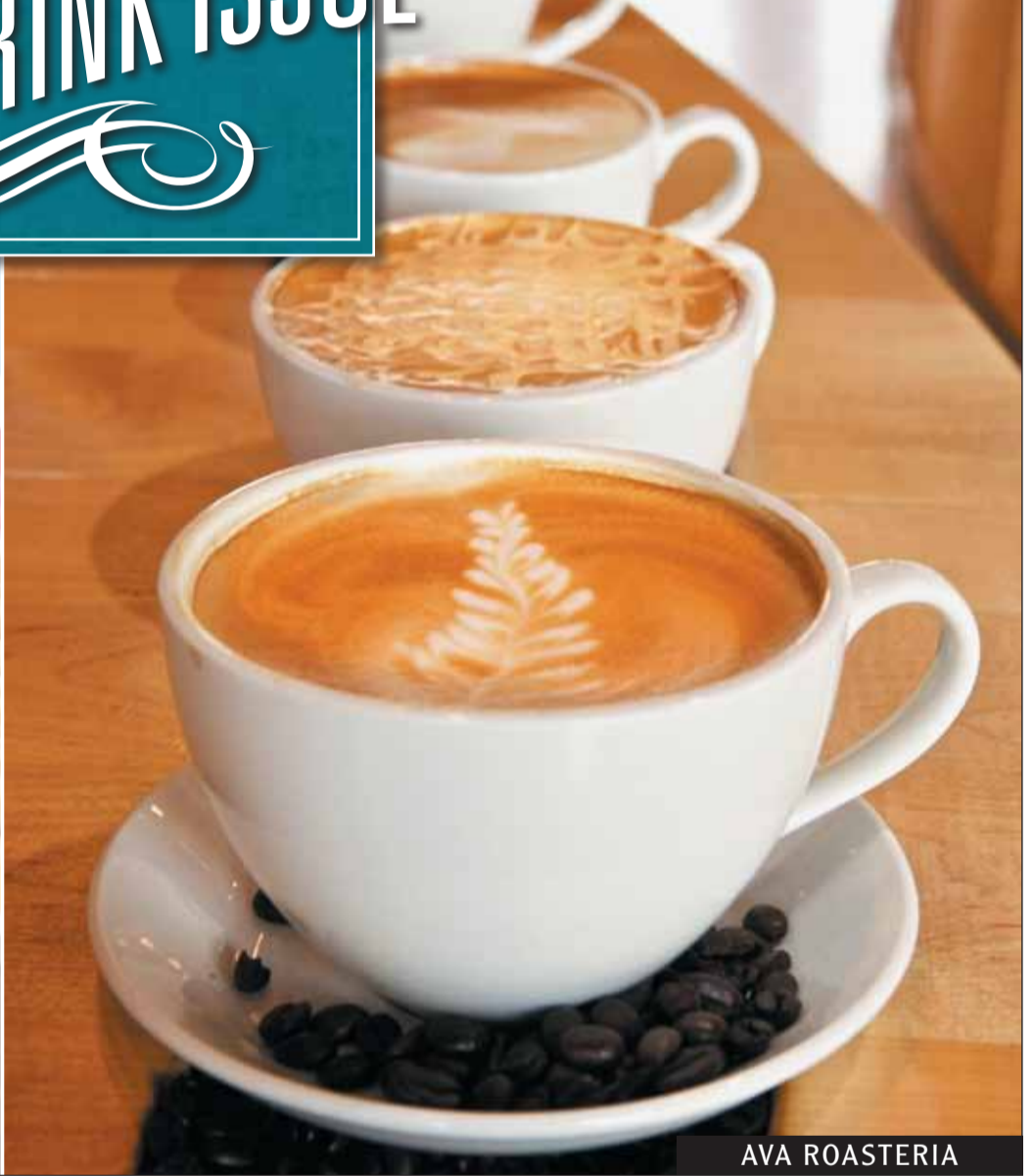
B.J. WILLY'S



PROGRESS RIDGE TOWNSQUARE FOOD & DRINK ISSUE



ASIAN CUISINE EXPRESS



AVA ROASTERIA

A SPECIAL PUBLICATION OF PAMPLIN MEDIA GROUP/COMMUNITY NEWSPAPERS



2 Great food and wine meets high tech at Vinotopia.



3 Learn how Ava Roasteria is not your typical coffeehouse.



4 Find large portions and fresh ingredients at Asian Cuisine Express.

Vinotopia offers an award-winning dining experience coupled with one of the most technologically advanced theater experiences in the nation.

fun experience. "Ultimately, we want to create not only an award-winning dining experience but the most technologically advanced theater experience, not just in the region, but in the nation."

A clear glass filled with red wine, showing a deep red color. The glass is simple and elegant, with a wide bowl and a narrow stem. The wine is about halfway full.

Dining customers at the Vinotopia restaurant at Cinetopia choose their meal on an IPAD menu.

A collection of turquoise and blue ceramic vessels, including a large jar with a flared lid, a tall slender vase, a small jar with a lid, and a dark glass bottle, displayed on a table.

New fall merchandise and Halloween decorations coming mid September.

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Besides making tasty coffee drinks Ava Roasteria at Progress Ridge also sells it's own line of cakes and pastries.

Ava Roasteria – not your typical coffeehouse

By SCOTT KEITH

It would be too easy to label Ava Roasteria, at Progress Ridge TownSquare in Beaverton, as simply a coffee shop. But Ava Roasteria is actually much more, offering gourmet sandwiches, crisp green salads, satisfying hot soups, decadent pastries and something that's not edible, free Wi-Fi.

Don't worry, though. They still provide freshly brewed coffee, iced lattes, dark chocolate mocha or espresso, even during the wee hours of the morning (they're now open 24 hours).

Visiting the Progress Ridge Ava Roasteria for the first time, you'll notice some extra bells and whistles. You can choose seats, some outside, with a great view of Progress Lake. Ava Roasteria is located next to the plaza and the beautiful water fountain. The



The baristas at Progress Ridge's Ava Roasteria make creative designs with foam on cappuccinos and lattes.

plaza, alone, is a great reason to visit Ava Roasteria; you can take your coffee and sandwich down the steps, relax and watch folks try their luck fishing.

The founder, Amy Saberian, started her first Ava Roasteria on Hall Boulevard in Beaverton in the summer of 2006, at a spot where there used to be a gas station. Sev-

eral years later, Saberian is happy to offer Progress Ridge visitors a place to enjoy great food, drink and friends.

"We make all of our pastries ourselves. And we also offer to-order sandwiches," Saberian pointed out, noting that you won't find the sandwiches wrapped in plastic.

Breakfast sandwiches are popular. "We make them fresh to order – nothing frozen – all real eggs," she said. All Ava Roasteria pastries and sandwiches are made fresh daily, and according to Saberian, "whatever is left is donated to local community organizations."

Saberian's favorite sandwich is Chicken Rustica, made of grilled chicken breast, garlic aioli, pesto, red onion, tomato and spinach. Among other sandwiches they also offer: Chicken Cordon Bleu, Turkey and Cranberry, and Very

Veggie.

Soup selection changes daily and patrons will be tempted by Ava Roasteria's Vegetarian Minestrone, Cheddar Broccoli, Mushroom Brie Bisque or Roasted Red Pepper and Smoked Gouda.

For those who prefer a lighter meal, Ava Roasteria offers a number of salads including: Green (spring mix, cucumber, red onion, tomato), Greek, Spinach, Caesar and the Fruit and Cheese Salad. The popular Ava House Salad contains a spring mix of crumbled feta, dried cranberries, pecans and balsamic vinaigrette.

Top off your meal with a delicious European pastry. Ava Roasteria offers many tempting cakes ranging from Raspberry Mocha, Chocolate Buttercream and German Chocolate to Tiramisu and Fruit Tarts, just to name a few.

Ava Roasteria wants you to know that they provide catering

for businesses and home events. Sandwiches and pastries are available for your function.

And if you want a little entertainment with your sandwich or dessert, enjoy some live music at Ava Roasteria, Fridays and Saturdays from 8 to 11, featuring local musicians.

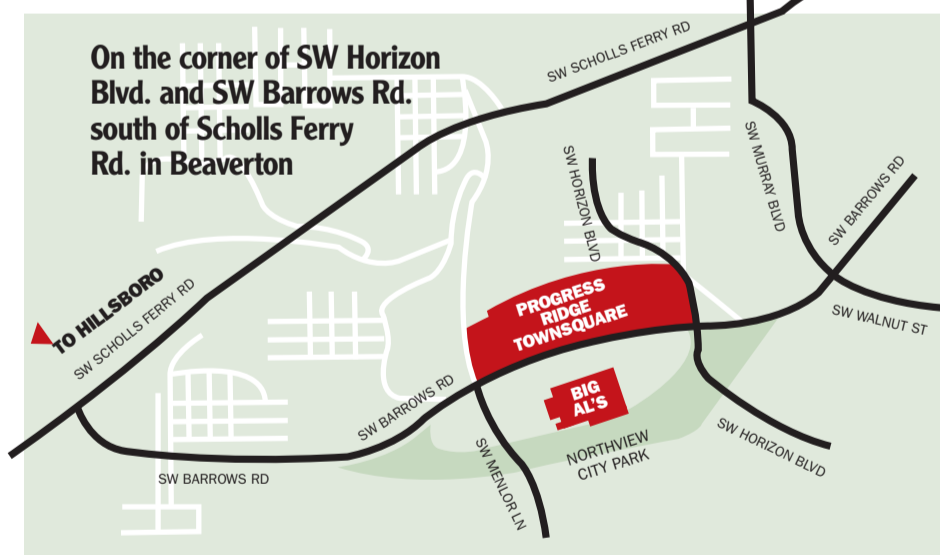
Looking ahead, Ava Roasteria is committed to being involved in the community.

"That's our main goal since we started this business – to partner with our community," Saberian said. "We value our community. I think the fact that we're in business is because the community is supporting us. Our mission is to promote real social networking for people in the community and to provide a place for people to meet each other."

Website: www.avaroasteria.com
Phone: 503-352-5420

Progress Ridge TownSquare. Easy to find.

We are nestled between the affluent neighborhoods of Bull Mountain and Murray Hill, straddling the city line between Tigard and Beaverton. This 200,000 square foot TownSquare is anchored by New Seasons Market, one of the finest specialty grocers in the business, and Cinetopia, a state-of-the-art luxury theater.



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On the cover: Clockwise from upper right: Delicious delights from Vinetopia, B.J. Willy's, Ava Roasteria and Asian Cuisine Express.

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Fresh ingredients and large portions make ASIAN CUISINE EXPRESS a must visit

By SCOTT KEITH

While shopping at Progress Ridge TownSquare in Beaverton, your empty stomach may be telling you it's time for Asian cuisine. Asian Cuisine Express offers scrumptious Korean, Chinese, Japanese and Vietnamese items that you can enjoy while dining in, to go or even through their catering option.

A blending of cultures makes Asian Cuisine Express a great choice.

"The signature that makes us different than most Chinese restaurants is that our Chinese marinades and cooking sauces are a Chinese-Korean mixture. It's a mixture of the two cultures, fused into one," Paul Rouse, manager, said.

Freshness is stressed at Asian Cuisine Express.

"It's not just ingredients that we buy from a wholesaler," Rouse said. "We make all of our own breadings. We do all of our own sauces. Our marinades, orange sauce, sweet and sour sauce, pot sticker sauce – every-

Many of the items are Chinese, but Asian Cuisine Express offers Japanese sushi combos and Vietnamese (rice paper) salad rolls.

thing is homemade with our own (in house) ingredients."

Many of the items are Chinese, but Asian Cuisine Express offers Japanese sushi combos and Vietnamese (rice paper) salad rolls.

Customers can take time to choose their own ingredients. "For people who like it made fresh, to order... they can choose what kind of veggies (or meats) they prefer, or if they want it spicy or not spicy – they can choose that with any stir-fry dish or fried rice or noodles," Rouse said.

Popular menu choices include orange chicken and General Tso's chicken.

"People around here love our teriyaki bowls. They love our teriyaki chicken sauce. We do a teriyaki salmon, that's new," Rouse added.

Daily specials are offered at the family-owned restaurant. Rouse

wants to create a family-atmosphere.

"I want out customers to feel like we're here to provide a great service to them...We don't like to be too small and stingy with our portions. We want them to get full and have more to warm up for later."



An array of cold beverages are available to go along with your meal.



The chow mein chicken, beef stir fry is a popular choice at Progress Ridge's Asian Cuisine Express



Asian Cuisine Express Manager Paul Rouse is ready serve a dishes to customers at the Progress Ridge location.

etcetera...What's New?

Menu items:

Special orders: Boneless Ribs, Beef Rib Eye, Marinated Chicken, Spicy Pork, Spicy Chicken, Teriyaki Chicken.

Entrees include: Cashew Chicken, Beef Green Beans, King Pai Chicken, BBQ Orange Fusion.

Appetizers include: Egg Rolls, Pot Stickers, Tempura Shrimp and Crab Puffs (a recent addition).

Phone 503-747-3114

Web: www.asiancuisineinbeaverton.com

Dining options galore at Progress Ridge

Visitors to Progress Ridge TownSquare are learning quickly that the Beaverton shopping destination serves a great many needs. You can load a shopping cart with groceries, buy a new tool kit for the shed, find the right dress for your night out, open a savings account or treat yourself to a new hairdo.

But Progress Ridge TownSquare is also quickly becoming known for its growing number of restaurants. Here is a list of the local eateries, along with some newer menu choices.

■ FRANGIPANI LAO AND THAI CUISINE

Treat your taste buds to Lao and Thai cuisine. The menu reads Frangipani is a "delightful combination of ethnic dishes." On the appetizer menu, select Sleeping Prawns: Fresh prawns wrapped in rice paper, and deep fried, served with sweet and sour sauce. If you're in the mood for soup, try Yellow Noodle Soup, with yellow noodles, bean sprouts, roasted garlic, cilantro and clear broth. Summer Fire is on the stir-fry

menu and Crying Tiger can be found on the specialty menu. Crying Tiger is grilled steak, red onions, cilantro, lime juice tossed with Crying Tiger sauce. Fish and seafood dishes are offered and daily lunch specials start at \$6.95. Frangipani gift cards are available. For more information contact Frangipani at 503-579-7542.

■ SUBWAY

This popular fast-food restaurant was made popular by Jared, the guy on the television commer-

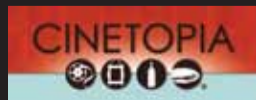
cials who dropped a whole lot of weight eating these hand-crafted sandwiches. Subway is all about building your own sandwich. You can stick with more "veggie" choices (hold the mayo) or build richer, meat-filled concoctions. Try an Oven Roasted Chicken or a Spicy Italian sub. The Big Philly Cheesesteak, Subway Melt, and Steak and Cheese sandwiches will fill you up, so for those needing smaller portions try the 6-inch version. Throughout September, during Fave Month, any sub (\$6.75 or less-regular price) will be on

sale for \$5. Subway also offers salads, sides and drinks. Web: www.subway.com. Phone: 503-521-1100.

■ MENCHIE'S FROZEN YOGURT

Frozen yogurt is mighty tasty any month of the year. But it's especially satisfying on a warm day. And we have a few more warm weeks to enjoy before the crisp air of autumn settles in. Menchie's offers a handsome variety of rotating yogurt flavors. Cake batter

CONTINUED / Page 5



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Dining options: *Please your palate at Progress Ridge*

CONTINUED from page 4

and coconut are popular flavors, but you'll always find chocolate, vanilla and a sorbet. You can top off your yogurt with fresh fruit, cookie toppings or a hot topping, such as fudge. Menchie's is back with their featured flavor of the month. A recent addition to the topping list is Sour Patch Kids. Manager Cristal Smith said, "People love them." Give Menchie's a call at 503-579-6124 or find them on the web at www.menchies.com.

■ FUDDRUCKERS

Known for "The Original World's Greatest Burger," Fuddruckers at Progress Ridge TownSquare offers a great experience for the hungry family. Burgers are made just the way you like them. A market-fresh produce bar provides plenty of vegetables to make your specialty burger thick and tasty. "Exotic" burgers, depending on availability, include buffalo, elk and salmon. These burgers, according to their website, are free-range, all-natural, antibiotic and hormone-free game burgers. If you're in the mood, try a "Tricked Out Nachos" appetizer. If you're seeking a fun dipping sauce or a great condiment to put on your burger, try Fudds Cheese Sauce. Fuddruckers can cater parties, meetings, weddings and special events. Just contact Fuddruckers for more information. Give them a call at 503-524-3333 or visit their website: www.fuddruckers.com.

■ B.J. WILLY'S WOODFIRED PIZZA AND PUB

If you're craving pizza, a cool beverage, and lots of fun, head over to B.J. Willy's. A wood-fired oven, reaching 800 sizzling degrees, will cook your pizza pie with just the right amount of crispness on

the bottom and edges of the crust, producing a delicious flavor profile. B.J. Willy's is described as an "upscale pub" featuring nearly 20 beers on tap, plus wine and a full bar. Burgers and sandwiches are also offered. Order the exotic Pear and Gorgonzola pizza. This pie features bourbon-poached pears and sweet onions. It's also topped off with fontina cheese, fresh mozzarella, gorgonzola and toasted walnuts. It doesn't have to be Thanksgiving to enjoy The Gobbler sandwich, complete with thinly-sliced turkey breast, cranberry relish, cream cheese and lettuce. Call B.J. Willy's at 503-747-7319 or find them on the Internet at www.bjwillys.com.

■ AVA ROASTERIA

Sometimes you need a hearty sandwich to give you the energy to continue spending a delightful day at Progress Ridge TownSquare. It's not just the sandwiches and impressive coffee menu that attracts visitors daily. You'll find pastries, cakes, desserts, soups (daily selection of hot soups) and salads. Settle down and enjoy a Turkey and Aged White Cheddar sandwich, with roasted chicken breast, sharp white cheddar, garlic aioli, tomato and spinach. The Roast Beef and Grilled Vegetables sandwich offers top round roast beef, roasted red and yellow peppers, provolone, pesto, garlic aioli and spring mix. Phone number: 503-352-5420. Web: www.avaroaateria.com.

■ BIG AL'S

If you're in the mood for great bar and grill food, drop by Big Al's, located across the street from Progress Ridge TownSquare. You can bowl, enjoy the upstairs arcade, or sample some great food at the sports bar and



Take time out for a beer and a pizza at B.J. Willy's Woodfired Pizza & Pub at Progress Ridge. The pizza pictured is called The Brick which has salami, pepperoni, sausage, mushrooms and olives.

grill. Built to give you the feeling of a stadium, the bar and grill offers Sand Wedges that include a Smoked Brisket Sandwich, a Kickin' Chicken Sandwich and a Steak Caesar Wrap. Power Play Pizzas include The Bases Loaded, Roasted Garlic and Chicken and BBQ Chicken. If you're after a Special Teams Burger, try the Honey Mustard Turkey Burger or the Gorgonzola Burger. Big Al's also features a kid's menu and a happy hour menu. As you're watching your favorite big-screen sports events, try Big Al's Famous Nachos. Phone: 503-748-6118 or visit their website: www.ilovebigals.com.

■ ASIAN CUISINE EXPRESS

This express restaurant features tasty Chinese, Korean, Japanese and Vietnamese treats (read the full story in this section). Their website lists soup choices: Chicken Problano Pepper, Hot and Sour, Wonton and Egg Flower. Other options include Spicy Tuna Sushi, Chicken with Peanut Sauce

and Crab with Peanut Sauce. This locally owned take-out eatery also features indoor seating. If catering is the way you want to go, just give Asian Cuisine Express a call at 503-747-3114. Web: www.asiancuisineinbeaverton.com.

■ PLAY BOUTIQUE

Play Boutique's family café known as Beeztro, is not just for parents whose kids are enrolled in the Peake Academy, a licensed accredited school. Beeztro's fine food selections are available to any Progress Ridge TownSquare shopper. From the garden, a Simple Goat Cheese Salad comes with mixed greens tossed with red/yellow peppers. The sandwich, wraps and pasta menu features the Super Panini with your choice of fill and spread. Whole grain thin bread is served toasted. Try the Avo Power, Green Goddess Pasta and the Mama Wrap. Seasonal soups are offered. Ask for tomato basil soup. Look for child's favorites on the menu and order hot tea, Cappuccino or a latte. Call

503-675-7529 or visit www.playboutique.com.

■ VINOTOPIA

Vinotopia restaurant is part of the theater complex known as Cinetopia (see article in this section). At Vinotopia, you can use an iPad to scroll through the menu, check movie times at Cinetopia or see the latest motion picture trailer. On the dinner menu, you'll find Cajun Shrimp Pasta, featuring "bowtie pasta tossed in a rich parmesan cream sauce with cajun spices, sauteed shrimp and julienne vegetables." Look for suggested wines with your meals. The dessert menu features Carrot Cake, Chocolate Hazelnut Cheesecake, Peanut Butter and Chocolate Terrine, Apple Crisp, Tower of Chocolate and Frozen Mud Pie. Small plates and salads are offered at Vinotopia, a great place to relax after shopping or viewing a movie. Phone: 503-597-6900. Web: www.cinetopia.com.

■ NEW SEASONS MARKET

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B.J. Willy's Woodfired Pizza and Pub
Play Boutique
Piccolo Mondo Toys
Posh Baby

BUILDING H/J RETAILERS:

Menchie's Frozen Yogurt
Celebrity Tan
Sweet Siren
Gentle Dental
Cornell Urgent Care
Parklane Matresses
Black Eagle Martial Arts
Fulcrum Fitness
Xtend Barre

BUILDING F RETAILERS:

A Flair for Gifts and Home
Ziba Salon
Ava Roasteria

BUILDING E RETAILERS:

Fuddruckers

BUILDING D RETAILERS:

Asian Cuisine Express
T-Mobile
Frangipani Thai

BUILDING C RETAILERS:

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A photograph of a modern, multi-story building with a large glass facade and a prominent blue and white tiled pillar in the foreground. The building has a mix of brick and glass, with a blue-tinted glass section on the right. The pillar is tall and cylindrical, covered in blue and white mosaic tiles. The sky is blue with some clouds.

THE BARBERS – Men of all ages will enjoy the extra care provided at The Barbers. The Men's Cut offers a precision, barber-style hair cut. Youngsters can enjoy their first-ever hair cut with the Kid's Cut. And if you're over 55, take advantage of the Senior Citizen's hair cut. The Barbers also offers beard trims and highlights. Oh yes, The Works is, according to The Barbers, the "best bang for your buck." The Works gives you a shampoo, scalp massage and a hot lather neck shave. www.thebarbersonline.com Phone: 503-430-7344.

PLUSH BABY – This lifestyle boutique handles the needs of children and mothers alike. Eco-friendly and stylish products are offered. You'll find girl's and boy's apparel, shoes and socks, plush toys and dolls, and baby and children's clothing. There's a variety of furniture, including bassinets, changing tables and beds/cunks. Toys are available for newborns all the way up to youngsters 6 and above.

B.J. WILLY'S WOODFIRED PIZZA AND PUB – The Progress Ridge Town-Square location will feature 2 woodfired ovens and the largest bar yet, with 12 beer taps. B.J. Willy's is famous for the Margherita, Primo-Vera and Blind Onion pizzas. You'll enjoy Sicilian-style pizzas, gourmet burgers, pasta dishes and sandwiches. There will be indoor/outdoor seating for over 200 patrons. Sandwiches include the Meatball and Grilled Mahi. www.bjwillys.com. Phone: 503-747-7319.

GENTLE DENTAL – Gentle Dental offers full-service dental care, including cosmetic and specialty dentistry. General dentistry services include restorative and emergency services. Cosmetic dentistry includes teeth whitening, implants and

SUBWAY® - The world's largest submarine sandwich chain is now open at Progress Ridge TownSquare. Subway is considered the leading choice for people seeking quick, nutritious meals that the whole family can enjoy. Subway is guided by the passion of delighting customers by serving fresh, delicious, made-to-order sandwiches.

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A woman in a black long-sleeved top and white tutu is performing a high leg kick, holding her foot with both hands. She is positioned on the right side of the image, with her legs raised high and her arms extended upwards. The background is white with a teal horizontal band across the middle.

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newseasonsmarket.com

Get your fill of food and fun by joining us for these in-store events taking place exclusively at New Seasons Market at Progress Ridge.

Friday, September 14th, 11am-7pm

Our First Anniversary at Progress Ridge TownSquare!

Join us for cake, live music and wine tastings to celebrate our first year at Progress Ridge.

Saturday, September 15th, Noon-5pm

Ranch & River One-day Sale

Whole Alaskan Coho - \$5.99lb

Country Natural Beef Whole New York Strip Loins - \$7.99lb

Two of the Northwest's best ingredients—whole, Alaskan Coho salmon and cut-to-order sides of sustainably-raised Country Natural Beef—available for low prices that are too wild to stick around. Stock up now and save!

Tuesday, September 25th, 7-8:30pm

Free Wellness Class:

How to Get a Good Night's Sleep

Learn to optimize the quality and duration of your sleep and wake up refreshed! Sign up by calling 503.280.5177.

Sunday, September 30th, 8:30am-Noon

Barrows Park Stream Cleanup

Meet at our store and join us along the banks of Barrows Creek as we pull invasive plant species and make room for the native plants to thrive! Post-cleanup lunch is on us. Call 503.597.6777 and sign up to help.

Thursday, October 1st, 5-8pm

First Thursday: Dia de los Muertos

Celebrate fall with a Day of the Dead party, featuring delicious samples throughout the store!

Saturday, October 6th, 8am-4pm

Caine's Arcade Global Cardboard Challenge

Join us and partners from around the planet for a cardboard arcade building challenge, inspired by Caine Monroy, a nine-year old boy whose imagination captured our hearts. Meet Caine and hear his story at www.cainesarcade.com. Bring your imagination to this special hands-on building event – we'll supply the cardboard and refreshments. A \$5 participant fee will be collected, and donated to the nonprofit Imagination Foundation.

WEEKEND TASTINGS

September 15 & 16, 11am-5pm

Tailgating Snacks

Friday, September 21, Noon-5pm

Saturday, September 22, 11am-5pm

Meet Bristol Bay Salmon Fishermen

September 29 & 30, 11am-5pm

Cookie & Coffee Tasting

BEER & WINE TASTINGS

Meet the Producer Series

Throughout the month of September, stop by and meet the brewers and winemakers who craft some of the Northwest's best beverages:

Friday, September 14, 4-7pm

Illahé Vineyards

Saturday, September 15, 2-5pm

Bethel Heights Vineyards

Sunday, September 16, 2-5pm

St. Innocent Winery

Wednesday, September 19, 4-7pm

Yalumba Wines (Australia)

Friday, September 21, 4-7pm

Mayerdale Estate

Saturday, September 22, 2-5pm

Lange Winery

Friday, September 28, 4-7pm

Lujon Cellars

Saturday, September 29, 2-5pm

The Commons Brewery

Sunday, September 30, 2-5pm

Redmond Wines



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