

Discover West Linn Central Village

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**California Closets can guide you through process
of adding comfortable space to your home.**

See Page 3

A SPECIAL PUBLICATION OF PAMPLIN MEDIA GROUP/COMMUNITY NEWSPAPERS



4 TAN REPUBLIC
Fall can be a good time to try out tanning



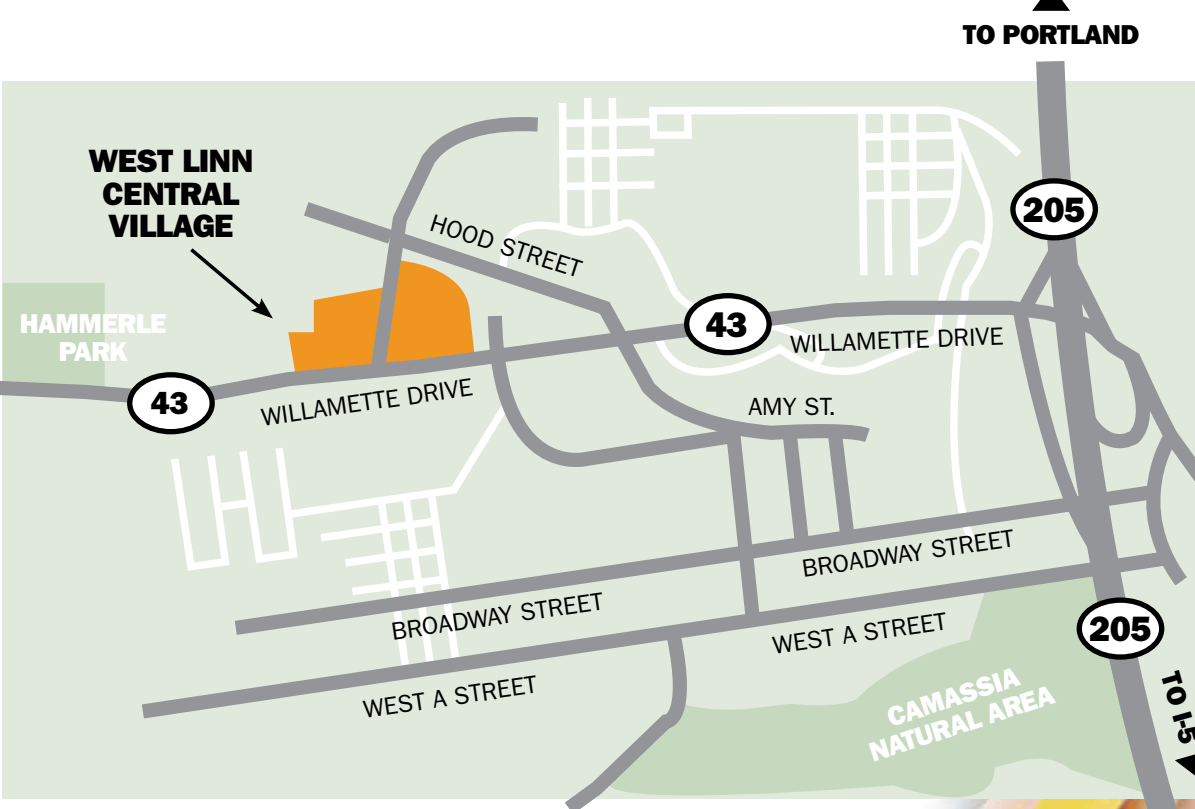
5 MATHNASIUM
More kids have fallen behind in math since 2020, the learning center reports

West Linn Central Village

Easy to find

Located at 21900 Willamette Drive in West Linn

West Linn Central Village is an open-air urban center with a “town square” feel in the heart of historic West Linn, Oregon. Prominently located on State Highway 43 (Willamette Drive) this upscale retail center is perfectly positioned to serve one of the most well-educated and affluent areas in the greater Portland area.



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On the cover:
Employee Alison Salvo sits in a nook on display at the California Closets West Linn location.

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Photographs of West Linn Central Village courtesy of Gramor. Some photographs supplied by Dreamstime.

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California Closets builds custom-made reading nooks for customers.

Building refuge within your home

California Closets offers custom-made nooks that cater to customer preferences and needs

Story by: COREY BUCHANAN
Photos by: JONATHAN HOUSE

For those who want a secluded place within their home to read a good book or relax — along with additional storage space — California Closets has you covered.

The store in West Linn Central Village offers customizable reading nooks that can morph depending on the items that will be placed there, the size of the space and the design the customer prefers.

The company can also shape the look of the nook — which typically includes a small bed or seat as well as nearby shelves — so it blends in with the rest of the home. California Closets uses three-dimensional software to give clients a glimpse of what the space would look like before they make a decision and its website includes preliminary options to consider.

Alison Salvo, an employee at the West Linn location, noted that customers don’t have to fill the cabinets solely with books — they could opt for artwork, decor and other items too. She added that California Closets can offer various lighting options and conduct precise measurements to make sure items and cabinets fit like a glove.

“It’s fully custom so you can maximize your space as opposed to purchasing a bunch of shelves separately,” Salvo said. “We take into consideration different design elements in the home, making it

blend in and create more of a display area that’s also functional.”

Along with creating a sharp design, California Closets can help maximize space — generating room for more items.

The process starts with a consultation, where a client and a California representative will discuss needs and the overarching vision for the space as well as examining examples of previous designs and possible materials for items such as

bookcases and cabinets. Following the consultation, the company will come up with an initial design — which can be altered after it’s viewed at the studio.

“We’ll do different options for them and also help steer them in a direction based on their needs and wants,” Salvo said.

The design process takes about a week and the installation can be completed in a day — though installation timetables can vary.

Aside from nooks, California Closets can customize closets, garages, work spaces, entertainment centers, kitchen pantries, wine storage spaces, playrooms and more. Along with customers feeling happier with their home following installation, Salvo also noted that revamping spaces can benefit resale value.

For more information on California Closets, visit www.californiaclosets.com.



The company creates designs and product sizes that are tailored to the specifications of a customer's home.

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Get a new glow at Tan Republic

The tanning salon offers sales through the end of the year, Vitamin D nourishment

Story and Photos by:
COREY BUCHANAN

With the sun covered by clouds more often, Rachel Goland, the West Linn Tan Republic store manager, said the early fall is a good time to start tanning.

“I think it is especially because the sun is going away. We don’t get as much Vitamin D especially here in Oregon. It’s a good way to supplement your Vitamin D. We have a lot of people who come here year-round for seasonal affective disorder, which is a Vitamin D deficiency,” Goland said.

And the tanning location in West Linn Central Village has a multitude of options — from beds to spray products — to satisfy your needs.

For one, the company has a number of specials available — including \$329 for access to its diamond bed through the end

of 2022 as well as \$229 for the platinum bed and \$129 for the gold bed during the same timeframe and specials for spray products.

Goland said that the diamond and platinum beds create less ultraviolet ray exposure and that the diamond bed in particular fosters a deeper-tan base and a darker color that lasts longer.

“It’s (the diamond level) good for people who go on vacation and people who burn easily,” she said.

For tanning novices, Goland said her recommendations depend on what they

are hoping to get out of tanning, what color they want and even their height.

“If you’re a 6-foot man I might recommend the platinum bed because it’s larger. If you’re someone who burns easily or travels a lot the diamond bed might be a good option for you. There’s a lot of people who spray tan because they just don’t want the risk associated with UV exposure (from using a tanning bed),” she said.

Further, Goland recommended people tan twice a week to reach their optimal color and to tan once or twice a week

after that to maintain it. A single session typically lasts between 10 and 15 minutes depending on which bed a client chooses.

Tan Republic also offers red light therapy, which can help with skin rejuvenation and reduce inflammation and Goland noted some people use it to help treat acne and psoriasis.

Along with providing Vitamin D, Goland said that people who tan look better due to their newfound glow and color. Further, the manager said that people of all ages and walks of life routinely visit the West Linn Tan Republic.

“It’s (the store’s atmosphere) upbeat. It’s fun. We have a lot of people who are health conscious, beauty conscious, people who just need a break in the middle of the day,” she said.

For more information on Tan Republic, visit www.tanrepublic.com.

“ **It’s (the store’s atmosphere) upbeat. It’s fun. We have a lot of people who are health conscious, beauty conscious, people who just need a break in the middle of the day.** ”

- Rachel Goland, store manager



The diamond-level tanning bed provides a deeper and longer-lasting tan



The platinum bed is a middle-ground between the lower- and higher-level gold and diamond options.

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Back to math

Mathnasium can help students reverse remote-learning impacts

Story and Photos by:
HOLLY BARTHOLOMEW

As students return to school for another year of learning, Mathnasium West Linn Center Director Jozef Zaragoza said he, teachers, parents and students are starting to see the learning impacts of both the summer and the COVID-19 pandemic.

Zaragoza remarked that the summer after the first full year of in-person school since the pandemic began was a challenging moment in the math development of many students.

“A lot of the families coming to us now are now realizing the gaps in their students’ math learning,” he said

Mathnasium Learning Center helps students learn math by addressing the

foundational skills and concepts students are struggling with. Each student at Mathnasium begins with an assessment.

“Our assessment here purposefully identifies what level of math started to become difficult for any student who comes through our program,” Zaragoza said. “We identify what math skills they’re lacking, where they’re struggling and we build a curriculum based off of those areas.”

While many parents have realized over the past couple of years that their students were behind, Zaragoza said many of them didn’t know the extent to which they need to catch up.

“A lot of families that know they need help or know they are struggling are finding out that they are in a bigger hole than they thought,” he said

For Zaragoza and the team at Mathnasium, this means going back further in a student’s math learning to address the underlying concepts they have yet to grasp

Zaragoza said enrollment at Mathnasium has risen because of learning lost during the pandemic, but how long it takes students to catch up varies.

“It’s difficult to say how long the program will take for each student; generally though the average enrollment for our students is about six months to a year because we’re addressing those fundamental needs,” he said

Some students may need to go back two or three grade levels to address learning gaps, whereas others may only need a year’s worth of catch-up. Mathnasium tailors curriculum to a

student’s needs. “The bulk of our students struggle in their current math class because they are missing some fundamental skills so they can’t understand the math in the classroom,” Zaragoza said.

The Mathnasium director said parents should consider Mathnasium if they are wondering whether their student has fallen behind. With a free trial, he said, students can complete an assessment and attend one session to see if Mathnasium is a good fit.

Zaragoza emphasized that Mathnasium is about more than homework help and test prep, and instructors prioritize students’ overall math comprehension.

For more information on Mathnasium, visit www.mathnasium.com.



Mathnasium West Linn Director Jozef Zaragoza prepares a student's curriculum binder. Mathnasium builds individualized curriculum for each student to address gaps in their learning.



Jozef Zaragoza, center director for Mathnasium West Linn, said many students are even more behind than they thought they were after remote-learning during the pandemic.

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The team at You & Eye Vision Care and Optical Boutique is dedicated to patient-centered care for people of all ages with any vision or eye problem.

Get eyes checked before the start of the school year

You & Eye also now offers the popular Maui Jim sunglasses along with 42 different frames

Story by: **HOLLY BARTHOLOMEW**
Photos by: **JONATHAN HOUSE**

In the madness of back-to-school shopping, one often overlooked aspect is making sure students' eyes are ready for the classroom.

"It's important to have kids' eyes examined and make sure everything is working as it should," said Destiny, an optician at You & Eye in the West Linn Central Village.

While some students may get glasses for a new school year, or even have a required eye exam before starting kindergarten, eye health isn't always top-of-mind for families, Destiny said.

In the classroom, students are using a mixture of distance vision to see a teacher working at the board, and up-close vision to read, write and do other work. Making sure both distance and up-close vision work well and in concert is important, Destiny said.

She added that it's important for kids to switch between distance and up-close vision, so they don't spend too much time using one or the other. This is particularly important when kids spend considerable time on screens.

For every 20 minutes kids use screens, they should spend at least three minutes

looking into the distance, Destiny said.

In addition to glasses and vision check-ups, Destiny also mentioned the importance of protecting the eyes from sun.

While many people think it's not necessary to wear sunglasses on overcast days, Destiny said those days are often when UV levels are highest, adding that the eyelids and soft tissue around the eyes are susceptible to skin cancer.

Destiny highlighted the newest line of sunglasses You & Eye offers, Maui Jim. She said Maui Jim is one of the fastest-growing brands of sunglasses because of the quality of its lenses, as well as the company's excellent customer service.

At You & Eye, patients and customers can select from over 42 different frames, most of which come in a variety of colors. More styles are available online. You & Eye can also personalize the sunglasses with specific prescriptions.

Destiny mentioned Maui Jim sunglasses all come with UV protection, scratch-resistant lenses and polarization, which helps reduce surface glare. According to Destiny, brown lenses are very popular in Oregon because they make things appear warmer, especially when it's overcast outside.

Destiny also wanted community members to know You & Eye now accepts

Kaiser Insurance. She added that the office added a second exam room, which allows optometrist Nicole Pearce to see more patients.

"By having two exam rooms, she's able to flip-flop between patients easier and we just hired our fourth employee," Destiny said. "It's the most employees that we've had in the seven years that we've been open, so it's exciting to have a full staff and starting to get busy."

For more information, visit www.youandeye.us.



You & Eye now offers sunglasses from Maui Jim, a brand rapidly growing in popularity.



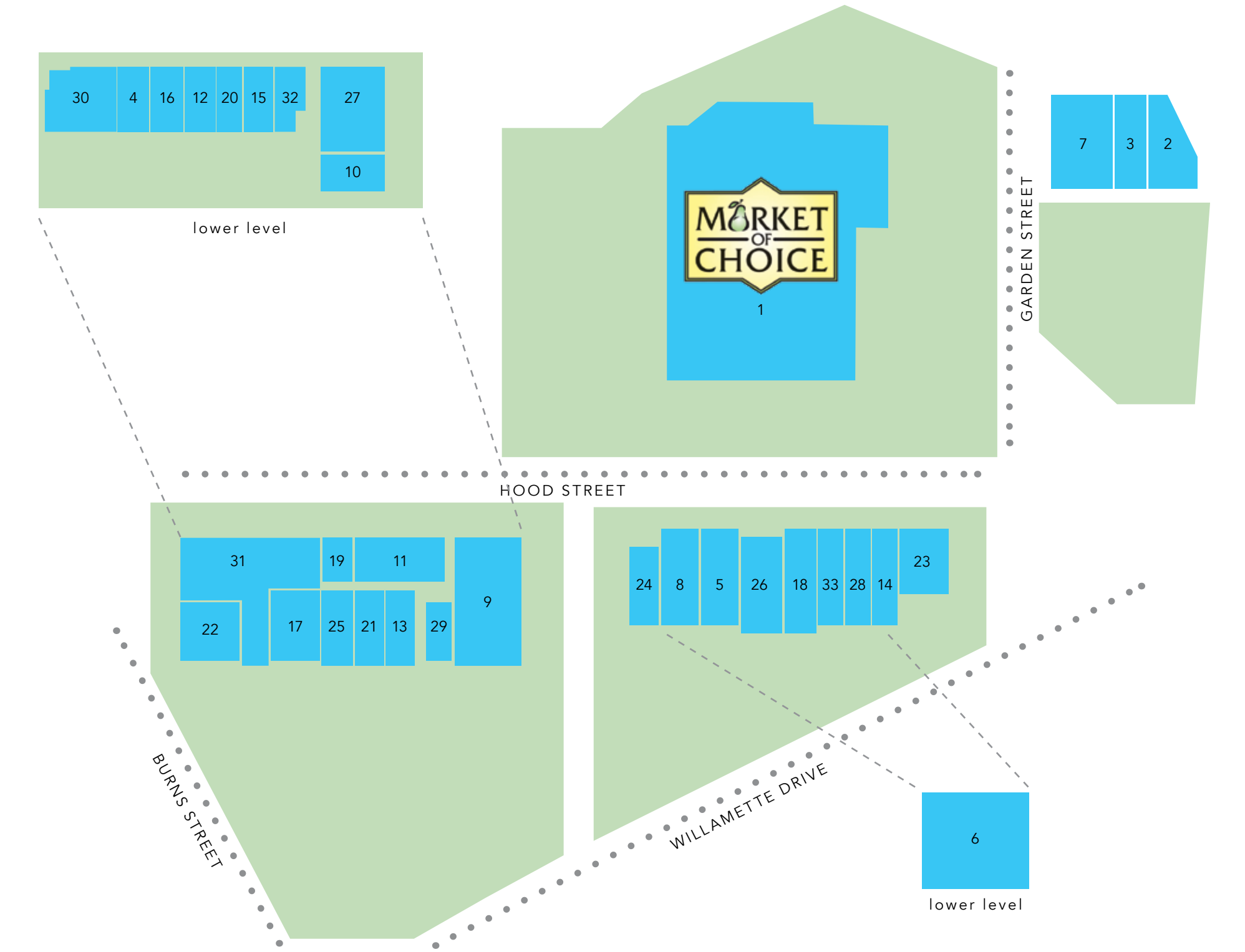
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